**Pediatric Endocrinology and Diabetes Unit, APC-4C, Deptt. of Pediatric Medicine, PGIMER Chandigarh**

**Type 1 Diabetes Management monitoring sheet for patients on Rapid acting + Long acting (Glargine/Detemir) insulin**

**Name of the Patient: Age/Sex: CR No: Bed No: Weight: kg**

**Rapid Insulin: NovoRapid/Apidra/Humalog Long acting: Lantus/Basalog/Levemir/Glaritus/Degludec/Generic Glargine**

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|  | **Pre Breakfast** | | **Pre Lunch** | | **Pre Dinner** | | **Bed time** | | **REMARKS** |
| **Date** | **Sugar**  **(mg/dl)** | **Rapid Insulin (Units)** | **Sugar**  **(mg/dl)** | **Rapid Insulin (Units)** | **Sugar**  **(mg/dl)** | **Rapid Insulin (Units)** | **Sugar**  **(mg/dl)** | **Long acting Insulin** |  |
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